



**DOWNEY**  
REHABILITATION CARE CENTER



# Let us Help You Breathe Easier!

## CARDIAC SPECIALTY PROGRAM

Is designed to improve cardiac function and to teach management of respiratory symptoms during functional activities. It includes:

- ▶ Review and notation of supplemental oxygen requirements
- ▶ Cough and secretion management
- ▶ Physiologic response to exercise and function
- ▶ Breath control related to speech and swallow
- ▶ Inspiratory muscle strengthening
- ▶ Stress management and symptom management during function.

For timely information to admit a patient, call our 24 hour admission hotline, (562) 208-4663

